



Leigh Academy
Bearsted



Nursery Sun Protection Procedure

Written/reviewed: August 2025
To be reviewed by: August 2026

Overview

Within Little Bears Nursery, children are actively encouraged to access the outside as much as possible to support their play and development. However during the warmer weather, we are aware of the need to protect the children from the harmful rays of the sun.

During the warmer weather we ensure that the children:

- Access the garden, trim trail, school field and other outside areas before 11am and after 2.00pm as much as possible.
- Where possible, during the lunchtime break the children will access the garden area and remain in the shade.
- Children **must** wear a sun hat to access the outside area. We operate a no hat no outdoor play system to ensure that all children are protected. The nursery will ensure that we have a small supply of spare hats should children forget to bring one in.
- Parents are asked to put sunscreen onto their children in the morning before coming to the setting. Staff within the nursery will then top up the suntan lotion during the day as necessary.
- We ask parents to send in a named sunscreen lotion bottle for their child which will only be applied to that child.
- Within the nursery we have our own Nursery sunscreen with a minimum of factor 50.
- Where necessary staff will apply sunscreen to children and develop children's independence when applying their own sunscreen.
- Where staff apply sunscreen to children they will ensure that they wash their hands between each application.

During the afternoons, sun cream is applied to those children who wish to access the outside area during their play. Parents must give consent for their child to have either the Nursery sunscreen or their own sunscreen applied by a member of staff.

Through circle times and in the moment discussions we develop the children's understanding of the importance of staying safe in the sun and are encouraged to increase the amount of the water they drink throughout the day.

Dear Parents/Carers,

Nursery Hot Weather Procedure

During the warmer weather please ensure that your child comes to nursery with sunscreen already applied. Staff within the nursery will then reapply lotion as and when required during the day, especially for those children who stay all day.

During the hot weather ALL children will need to have a sun hat, suntan lotion and a water bottle. Please ensure all of these are clearly named. When the weather is warm we operate a no hat, no outside play policy to ensure the protection for all children within our care.

Our sun protection policy is available for all parents/carers to access upon request.

Please complete the form below to give us permission to apply suntan lotion on your child and return to a member of nursery staff as soon as possible. If you have any questions in regards to this, please do speak to a member of the nursery team.

Kind Regards,

Mrs Downes
EYFS Lead

Nursery Hot Weather Procedures

Name of Child _____

I do/do not give permission for suntan lotion factor 50 to be applied to my child
(please delete as appropriate)

I do/do not give permission for my suntan lotion that I have provided (in a named bottle) to be applied to my child.

Signed: _____ Date: _____